Statistics Height 5'5" Weight 109 lbs.

Body Type: Petite/Athletic Hair Color: Light Brown Eye Color: Brown megseibel@gmail.com IG Handle: @megwellness

(323) 363-9170

Megan Seibel



Theater

Sonderkommando Lead (Rachel) Pangs Theater Ensemble, SF Fringe Festival Moilere's Don Juan Lead (Charlotte) Pangs Theater Ensemble, San Francisco West Valley Playhouse The Importance of Being Earnest Lead (Cecily) Lead (All Characters) NYU, Tisch School of the Arts Dog Tales-A One Woman Show The Taming of the Shrew Lead (Bianca) Kern Shakespeare Festival (KSF) Rosencrantz and Guildenstern Are Dead KSF/ Dir. Randy Messick Lead (Rosencrantz) A Midsummer Night's Dream Lead (Puck) KSF/ Dir. Paul Barnes

Film

Crossed Eyed Dinner Theater Lead Dir. Eric Noughton

Disneyland's Top 7 Must See Attractions Lead Disney & Hodder Productions

Commercial

Blue Buffalo Family Mom Dir. Larry Robins
Homedics Mom Dir. Adam Edery
Noble Gold Investments Mom Dir. Brian Cavallaro

Training

Comedy Intensive:

Commercial Workshop:

Killians Commercial Workshop:

Improvisation:

Scene Study/ Cold Reading:

Shakespeare & Co Intensive:

Suzuki/ Viewpoints Technique:

Lesly Kahn & Co.

Danielle Eskinazi

Killian McHugh

The Groundlings

Larry Moss Studio

Dennis Krausnick

Kim Weild

Meisner Technique: Terry Knickerbocker Voice/ Speech Training: Natsuko Ohama

Scene Study: Catherine Coray and Kevin Khulkee

Alexander Technique: Paul Langley
Kristen Linkletter Voice Training: Cecil McKenna
Viewpoints: Mary Overlee

Education

B.F.A., Theater Tisch School of the Arts, NYU

Experimental Theater Wing, Stonestreet Film/TV Studios

Special Skills

Certified Holistic Nutritionist, Fitness Coach, Yoga Instructor, Dance, Improvisation Comedy, Singing, Stand-Up Paddle Board, Ski, Boogie Board, Ride Horseback, Dance Choreography, Dialects: Irish, Standard British, French, Texas, Scottish, Kindergarten Teacher, Vegan and Plant Based Expert, Boy Mom